

SPORT STACKING CLUB OF MACAU

TAKE YOUR STACKING TO A WHOLE NEW LEVEL

OPPORTUNITY TO COMPETE ON AN INTERNATIONAL LEVEL



SPONSORED BY:

**WORLD SPORT STACKING
ASSOCIATION OF MACAU**

*Where: Macau Anglican College
When: Every second Sunday
2:00-3:00pm
Beginning August 8, 2010*

PH: +853 6206 1852

Email: info@macauspeedstacks.com

Do you love Sport Stacking? Yes! Then this club is for YOU!!

Registration begins August 1, 2010. To register, simply email your name, contact information and age to: info@macauspeedstacks.com

- Cost: Free to join, no cost
- Who: Open to all Macau residents
- Why: To develop world-class skill and to have fun
- When: Every second Sunday beginning August 8, 2010
- Where: Macau Anglican College
- Need: members must provide their own equipment: cups, mat, and timer
- Goals: To develop stackers who are competitive in the International Sport Stacking scene.
- Improve your speed by 20% within one week.
- Learn the best way to do doubles stacking
- Become part of a team for team relays and head-to-head competition
- Benefits of Sport Stacking:
 - Improved focus
 - Improved eye-hand coordination
 - Improved response time
 - Bilateral coordination
 - Left-brain / right-brain connections
 - Fitness: Sport stacking has the same energy expenditure as other activities such as volleyball, bowling, weight lifting, walking, etc.
 - If you don't have a doubles partner, we will find one for you
 - Parents are eligible to join. There is a parent-child division and tournaments.

**See you on August 8th at 2:00 at
Macau Anglican College!**